



# Aftercare Instructions

- Always wash your hands before touching your tattoo
- Remove bandage within 1-2 hrs after getting your tattoo. Do not re-bandage. Your tattoo needs to breathe. Wash your tattoo with an antibacterial liquid soap. Be gentle, do not use a washcloth or anything that will exfoliate your tattoo. Gently pat your tattoo dry with a paper towel and do not rub.
- First 3-4 days: With clean hands, rub a small amount of lotion/ointment on your tattoo. You may use unscented lotion, such as cetaphil or aquaphor. You want the thinnest amount possible. Do not use Vaseline, petroleum, or neosporin. Wash, dry, and apply lotion 1-3 times daily, as needed.
- After day 3 or 4, your tattoo will begin to peel. This is normal! Do not pick at the skin. Begin using a mild, unscented lotion. Use for a minimum 2 weeks, 1-2 times daily.

## THINGS TO AVOID:

- Do not pick, scratch, peel, rub, or irritate your tattoo.
- You can shower, but you may not soak your tattoo for 2 weeks. No swimming, soaking, or hot tub.
- You may not expose your tattoo to the sun for at least 3 weeks, after that you must use sunblock
- Do not wear abrasive materials, jewelry, or shoes that rub against your tattoo.